

# **Medical appraisal form**

**Enquires: Customer Service Centre on 1300 555 017** 

Please fax your completed medical appraisal form to 1300 657 127 or email travel-emc@nib.com.au.

Before completing the medical appraisal form, please ensure you have read the following information in conjunction with the policy booklet. This form is to be completed by each applicant. If you have insufficient space on the form provided, please provide additional information on a separate sheet.

#### Your duty of disclosure

Before you enter into, vary or extend an insurance contract, you have a duty of disclosure under the Insurance Contracts Act 1984.

When we ask you questions that are relevant to our decision to insure you and on what terms, you must tell us anything that you know and that a reasonable person in the circumstances would include in answering the questions.

When amending or extending your contract of insurance, we will ask you specific questions about any change in your circumstances. You must tell us about any change to something you have previously told us, otherwise you will be taken to have told us that there is no change.

You have this duty until we agree to insure, amend or extend the contract. If you do not tell us anything you are required to tell us, we may cancel your contract or reduce the amount we will pay you if you make a claim, or both.

If your failure to tell us is fraudulent, we may refuse to pay a claim and treat the contract as if it never existed.

#### Privacy

We collect your personal information, and in some cases your sensitive information in order to issue, arrange and manage your travel insurance or to provide you with related services. We will only collect personal and sensitive information from you or from those authorised by you.

We may disclose your personal and sensitive information to third parties involved in the above process, such as travel agents and consultants, travel insurance providers, insurers and reinsurers, claims handlers, investigators and cost containment providers, medical and health service providers, legal and other professional advisers, your and our agents and our related companies. Some of these third parties may be located in other countries such as the UK, Europe and USA.

Our Privacy Policy details how we collect, use, store and disclose your personal and sensitive information as well as how you can seek access to and correct your personal information or make a complaint. You may not access or correct personal information of others unless you have been authorised by them, or are authorised under law or they are your dependants.

By providing us your personal and sensitive information you consent to us collecting, using, storing and disclosing it in accordance with our Privacy Policy. If you don't provide all of the personal and sensitive information we've requested we may not be able to provide you with our services or products including being able to process your application for insurance.

#### Important information about pre-existing medical condition(s)

You MUST apply for cover and cover must be approved by us in writing prior to the issue of a Certificate of Insurance if:

- \* you have a High Risk Existing Medical Condition; or
- \* you require cover for any other existing medical condition other than those automatically covered; or
- \* you are 80 years of age or over; or
- \* you have answered yes to the question in the application regarding undergoing or having undergone or been referred for any tests or investigations into any undiagnosed or suspected medical condition.

We WILL NOT PAY any claim if you are aged 80 years or over at the time the Certificate of Insurance is to be issued or a claim arising as a result of, or exacerbated by, or consequential upon your existing medical condition UNLESS you have applied for cover, we have agreed to cover you and you have paid any additional amount payable we ask for. The amount payable may include administrative costs and any risk based surcharges applicable to your application.

Existing medical condition(s) are defined as:

a. any chronic or ongoing (whether chronic or otherwise) medical or dental condition, illness or disease of which you were aware or should reasonably have been aware, or which is medically documented within the last 12 months or under investigation in the 12 months prior to the issue of the certificate of insurance;

b. any physical, mental illness or medical condition, pregnancy including a pregnancy complication or illness of the mother up to and including 26 weeks gestation, defect, illness or disease of which you were aware or should reasonably have been aware, or for which treatment, medication, preventative medication, advice, preventative advice or investigation have been received or prescribed by a medical or dental adviser in the 60 days prior to the issue of the Certificate of Insurance and in the case of the Annual Multi Trip Travel Plan also within 30 days prior to booking any trip.

Note: with respect to both parts a and b of this definition

\*Where any condition, illness or disease is the subject of an investigation, that condition, illness or disease falls within this definition, regardless of whether or not a diagnosis of the condition, illness or disease has been made.

\*This definition applies regardless of whether or not the condition, illness or disease displays symptoms.

\*This definition applies to you, your travelling party, your relatives, your business colleague, or any other person you have a relationship with whose state of health could impact on your travel plans.

\*An illness or injury the signs and symptoms of which you first become aware of before you went on your trip and after the Certificate of Insurance has been issued is not considered an existing medical condition and you do not have to tell us about it.

# **High Risk Existing Medical Conditions**

If you are applying for an International or Annual Multi Trip Travel Plan you must tell us if you or anyone in your travelling party has any of the following Existing Medical Conditions.

#### Cardiovascular/Cerebrovascular Diseases

- Angina (Coronary Artery Disease/Ischaemic Heart Disease)
- Myocardial Infarction (Heart Attack)
- Cardiomyopathy
- Cardiac arrhythmias (disturbances to the Heart rhvthm)
- Cérebrovascular Accident (CVA/Stroke/TIA Transient Ischaemic Attack)
- Cardiac Valve Disease
- Previous cardiac surgery (stents, Bypass Surgery, valve replacement, and pacemakers/Intracardiac devices)
- Aneurvsms
- \* Peripheral Vascular Disease

#### **Chronic Lung Diseases**

- Emphysema
- Chronic Bronchitis
- **Bronchiectasis**
- Chronic Obstructive Airways Pulmonary Disease (COAD/COPD)
- Pulmonary Fibrosis/Asbestosis
- \* Cystic Fibrosis

### **Neurological Disorders**

- MS (Multiple Sclerosis)
- Parkinsons Disease
- Motor Neurone Disease
- Muscular Dystrophy
- Myasthenia Gravis
- \* Traumatic Brain Injury

#### Other

- Organ Transplants
- \* Any Back condition, including chronic pain and/or surgery in the last 5 years
- Any Condition for which you have undergone surgery or which has been under investigation within the last 12 months
- Any Condition that is awaiting investigation or treatment
- Any Cancer that was diagnosed within the last 5 years excluding non-melanoma skin cancers

# The Following Medical Conditions Do Not Require You To Apply For Cover

Provided the following existing medical conditions are stable and you or anyone else to be covered are not waiting for treatment, on a hospital waiting list or awaiting results of medical tests or investigations in relation to any of these conditions, cover is provided without application on all travel plans.

- \* Allergies such as allergic rhinitis, chronic rhinitis, hayfever, sinusitis, anaphylaxis, dermatitis, eczema, psoriasis, urticaria, food intolerance, latex allergy
- Anaemia including iron deficiency anaemia, B12 deficiency, folate deficiency, pernicious
- Asthma provided you are under 60 years of age and you have not required cortisone medication, except taken by inhaler or puffer, or hospitalisation for the past 12 months including as an outpatient.

  \* Bell's palsy
- Benign breast cysts
- \* Bunions
- Carpal tunnel syndrome
- \* Cataracts- with no pending surgery or surgery in last 6 weeks
- Coeliac disease
- \* Congenital blindness/deafness

- Diabetes mellitus types 1 and 2 provided you were not diagnosed within the last 12 months and where you have no known cardiovascular, hypertensive, vascular disease, no related kidney, eye or neuropathy complications
  \* Epilepsy - you have been seizure free for the
- past 12 months or do not require more than 1 antiseizure medication
- Glaucoma
- Goitre, hypothyroidism, Hashimotos disease, **Graves disease**
- \* Grommets if no current ear infection and no ear infection in the last 4 weeks
- Hiatus hernia/Gastro-oesophageal reflux disease, Peptic ulcer disease
- High blood pressure (Hypertension) stable
- High cholesterol (Hypercholesteroláemia) High lipids (Hyperlipidaemia) Hip and knee replacements if performed more
- than 9 months ago and less than 10 years ago, with no history of dislocation
  \* Insulin resistance, impaired glucose tolerance

- \* Incontinence
- Macular degeneration
- Menopause
- \* Migraines except where you have been hospitalised in the past 12 months
- Nocturnal cramps
- Osteoporosis where there have been no fractures and you do not require more than 1 medication or suffer any back pain condition
  \* Plantar fasciitis
- \* Pregnancy related conditions, including a pregnancy complication or illness of the mother up to and including 26 weeks gestation
- provided; there haven't been any pregnancy complications or illnesses in this pregnancy or any previous pregnancy; or this pregnancy hasn't been assisted by a medical reproductive program eg: IVF. \* Raynaud's disease
- Trigeminal neuralgia
- Trigger finger
- Routine screening tests where no underlying disease has been detected.

One Travellers Medical Appraisal Form per applicant needs to completed and submitted, via our representative, for review by us. Once reviewed we:

may offer you insurance; and

- \* may provide cover for an existing medical condition on either a full or restricted basis. An Assessment Number will be issued and you will be advised of the additional amount payable (refer to table below); or \* will advise you that we are unable to insure an existing medical condition; or

\* may offer altered terms and conditions to the policy.

IF OFFERED, COVER FOR AN EXISTING MEDICAL CONDITION MUST BE TAKEN UP WITHIN 14 DAYS OF THE ASSESSMENT DATE OR PRIOR TO DEPARTURE, WHICHEVER OCCURS FIRST. AN ASSESSMENT NUMBER MUST APPEAR ON YOUR CERTIFICATE OF INSURANCE.

TRAVELLERS MEDICAL APPRAISAL FORM			
YES In some cases Doctor's Declaration to be completed			
YES In some cases Doctor's Declaration to be completed			
YES In some cases Doctor's Declaration to be completed			
POLICY NOT AVAILABLE			
YES In some cases Doctor's Declaration to be completed			
POLICY NOT AVAILABLE			
YES In some cases Doctor's Declaration to be completed			
YES In some cases Doctor's Declaration to be completed			
POLICY NOT AVAILABLE			

# **Additional Amount Payable**

Fees apply for cover for your existing medical conditions. Fees are discounted if you apply online. If you have not received an email from nib Travel inviting you to apply online and wish to do so, please contact the agent who provided this form.

# **Travellers Medical Appraisal Form** To Be Completed By Each Applicant When complete forward this form to Medical Underwriting Department either by fax on 1300 657 127 or scan and email to travel-emc@nib.com.au

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Quote #:						Travel Agen	t's Name and	Address									
Applicant's	s Name:																
Date of Bi	rth:																
Flight	s Cruises Snow Sports		, [	Trekking			Trip Value		Travel Dates	3			То				
Male	Male Female Height Weight						Travel Plan	Selected									
Phone (Home/Mobile) Phone (Work)							Consultant I	Name									
( )																	
Email							Agency Pho	ne		Agenc	y Fax						
What is th	e country o	r region you wi	ll be sp	ending the m	ajorit	y of the	trip?										
											or travel insura Practitioner bef						In
		,,											_				
		derstand that in is insurance a								de available t	o the		Yes		No		
If you don	t consent to	o your selling a email address t	gent h	aving access	o info	ormatic	n abo	ut yo		idition/s							
please pro	ovide your e	illali addiess t	o allow	TIID IO ITATISA	Ji uii e	ectly wi	iii you	ı.		L							
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GENER	AL NEA	LIH QUES	HON	<b>S</b>		7			Have you be	on boonitolia	ad in the leat 1	2 mant	ha far a				
Do you re	quire any ai	id to assist with	n walkir	ng	Ļ	Yes		No	reason?	een nospitalis	ed in the last 1	2 mont	ns for a	iny		Yes	No
	ed oxygen, uirements?	CPAP or have	any o	ther special		Yes		No	Date and de	tails including	g treatment						
If yes to a	ny of the ab	oove please giv	e detai	ils:													
								=									
Have you	- Suffered f	rom any form	of hear	t condition?									Yes		No		
	- Suffered f	rom any vascu	lar con	dition, stroke	or TI	۹?							Yes		No		
	- Suffered f	rom any form o	of canc	er or malignar	ncv?								Yes	П	No		
- Suffered from any form of cancer or malignancy?									]								
- Suffered from any respiratory conditions (including asthma)?									Yes	Н	No						
	- Suffered f	rom any psych	iatric c	ondition includ	ding s	stress,	anxiet	y, dep	pression or an	y other menta	al condition?		Yes		No		
													1				
Are you - Travelling to obtain medical treatment?										Yes	Ш	No					
- Suffering from a terminal condition or registered with palliative care?						•				Yes		No					
	- Suffering from metastatic cancer or secondaries?										Yes		No				
	- Awaiting any medical tests/investigations or treatment?											Yes		No			
- Suffering from any other medical condition?											Yes	$\sqcap$	No				
												]					
- Pregnant?												Yes		No			

NOTE: IF THERE IS INSUFFICIENT SPACE ON THIS FORM ATTACH A SEPARATE SHEET.

Quote #:	
A. HEART CONDITIONS	
What is the heart condition?	Please give details of any proposed surgery, tests or treatment.
If you have been referred to a specialist for this condition, how often are you seen?	Please give a brief history of the condition and how it affects you.
Please give details,including dates of any of the following: heart attack, heart failure, cardiomyopathy, ventricular failure, valve disease, bypass surgery, angioplasty or stenting, valve replacements or any other corrective heart surgery.	What is your treatment? Please include all medications you are currently taking.
B. VASCULAR CONDITIONS	
What is the vascular condition?	Please give details of any proposed surgery, tests or treatment.
If you have been referred to a specialist for this condition, how often are you seen?	Please give a brief history of the condition and how it affects you.
Please give details, including dates of hospitalisation for any vascular condition, or for any strokes, TIA (transient ischemic attack), peripheral vascular disease or aneursym, pulmonary embolus, deep vein thrombosis (clot), carotid artery surgery, angioplasty, stenting or any other corrective surgery.	What is your treatment? Please include all medications you are currently taking.
Please give details of any claudication (pains in the legs due to vascular disease) or lower limb ulcers.	

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C. RESPIRATORY CONDITIONS	
What is the respiratory condition?	Are you a smoker? - if yes how many cigarettes do you smoke a day?
If you have been referred to a specialist for this condition, how often are yo seen?	u Please give details of any proposed surgery, tests or treatment.
Please give details of bronchitis or chest infections that occur with asthma.	Please give a brief history of the condition and how it affects you.
Please give details of how often and when you last required antibiotics and	/or What is your treatment? Please include all medications you are currently taking.
cortisone (prednisolone) for a respiratory condition.	, , , ,
D. PREGNANCY	
	Nie
Duo Data	No
How many weeks will you be when you travel?	
Was the pregnancy assisted by artificial reproductive techniques, eg IVF?	No
If yes please give details.	Please give details if you have suffered any pregnancy related complications either in this or in previous pregnancies.
Please give details if you have had previous miscarriages.	Please give details of any special recommendations made by your doctor in regard to this trip.

NOTE: IF THERE IS INSUFFICIENT SPACE ON THIS FORM ATTACH A SEPARATE SHEET.

Quote #:	
E. CANCER	
What is the condition?	Please give a brief history of the condition and how it affects you.
If you have been referred to a specialist for this condition, how often are you seen?	What is your treatment? Please include all medications you are currently taking.
Please give details of any proposed surgery, tests or treatment.	
F. MEDICAL CONDITION	
What is the condition?	Please give a brief history of the condition and how it affects you.
If you have been referred to a specialist for this condition, how often are you seen?	What is your treatment? Please include all medications you are currently taking.
Please give details of any proposed surgery, tests or treatment.	
G. UNDIAGNOSED OR SUSPECT CONDITION	
Please give details of any tests, investigations, doctors visits or referrals to	Please give details if you have been told the purpose of the tests,
specialists you would like to disclose.	investigations, doctors visits or referrals to specialists.
Please give details if any of these tests, investigations, doctors visits or referrals have been completed.	What possible diagnosis has the doctor told you could be the outcome of the
referrals have been completed.	above investigations etc?
Please give details if you know the results.	
NOTE: IF THERE IS INSUFFICIENT SPACE ON THIS FORM	ATTACH A SEPARATE SHEET.
Declaration	
I have read and retained a copy of the PDS. I consent to the collection, use and section of the PDS. I agree that I will not be covered for any Existing Medical Consent that a consent the cover will not include replacement medication or maintaining a course.	andition unless the insurance company has agreed to insure those conditions. I
agree that cover will not include replacement medication or maintaining a cours given for any Existing Medical Condition, it will be for UNEXPECTED TREATME	e of treatment commenced before the trip. I understand that should cover be ENT ONLY.
Signature	Date